

My Internship Abroad

Vasilena P.



Arrival and Departure

- **When?** : 02.10.2025 for 3 weeks
- **Start and End** : Düsseldorf Airport
- **Flight company** : Finnair



Accommodation Dormitory from VAAO

- Matti Building at Valkeakosken Ammattiopisto (VAAO)
- VAAO, Valkeakoski (only half an hour away by bus)
- 2 bedrooms
- Kitchen (oven, microwave, etc.)
- Laundry room (washing machine, dryer, cupboard, clothesline)
- Sauna
- Gym





Tampere

Courtyard by Marriot Hotel Tampere City

- Business Hotel
- Friendly co-workers
- 3 Operational Departments: Restaurant from 10am-1:30pm , Front office from 10am-6pm and Housekeeping from 10am-3pm
- Modern, stylish
- 1 main task



RESTAURANT



FRONT OFFICE



HOUSEKEEPING



Sustainability at the Workplace

- Zero single-use plastic (Nirvea Botanicals)
- Low-flow fixtures for the sinks
- Energy Efficiency: Uses the solar power plants from the Tampere Hall
- Green Key (environmentally-friendly hotel)



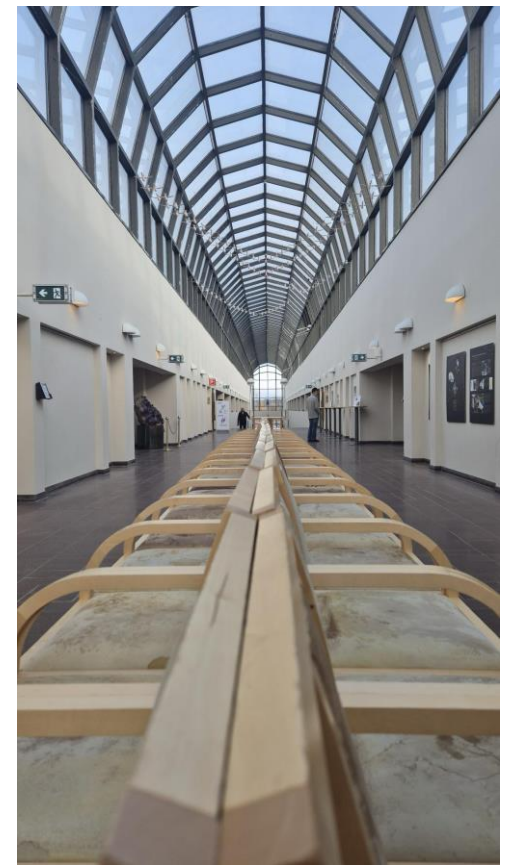
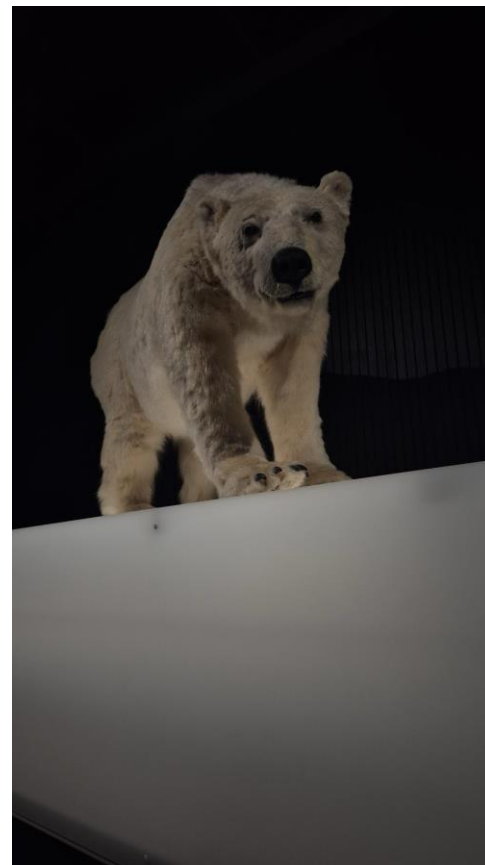
Experience

- Improved English skills
- Sense of independence
- Hotel business understanding
- Unforgettable memories

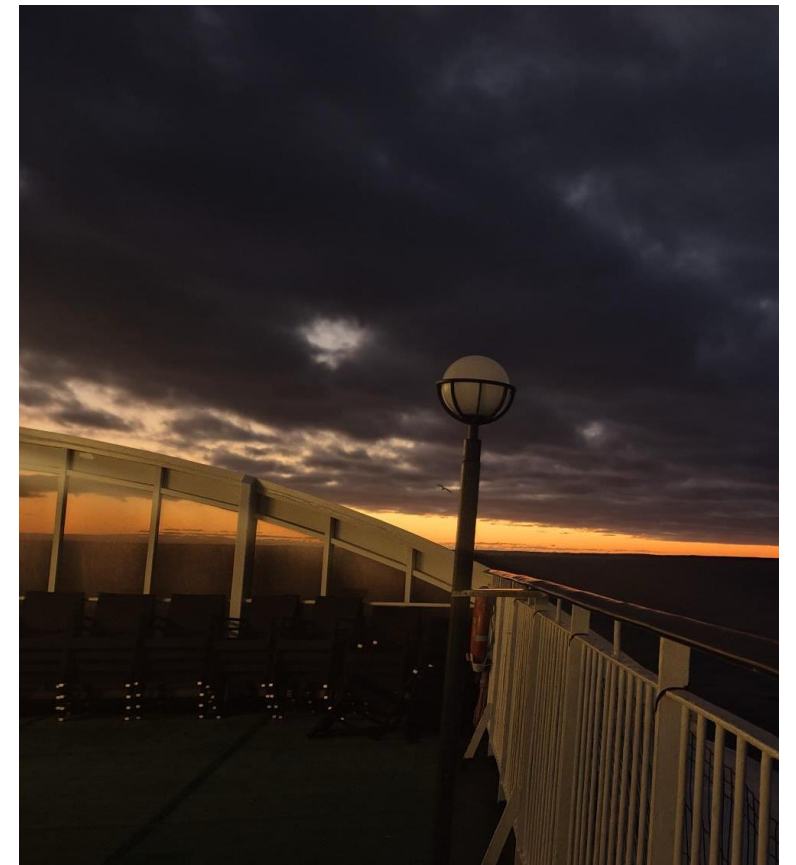
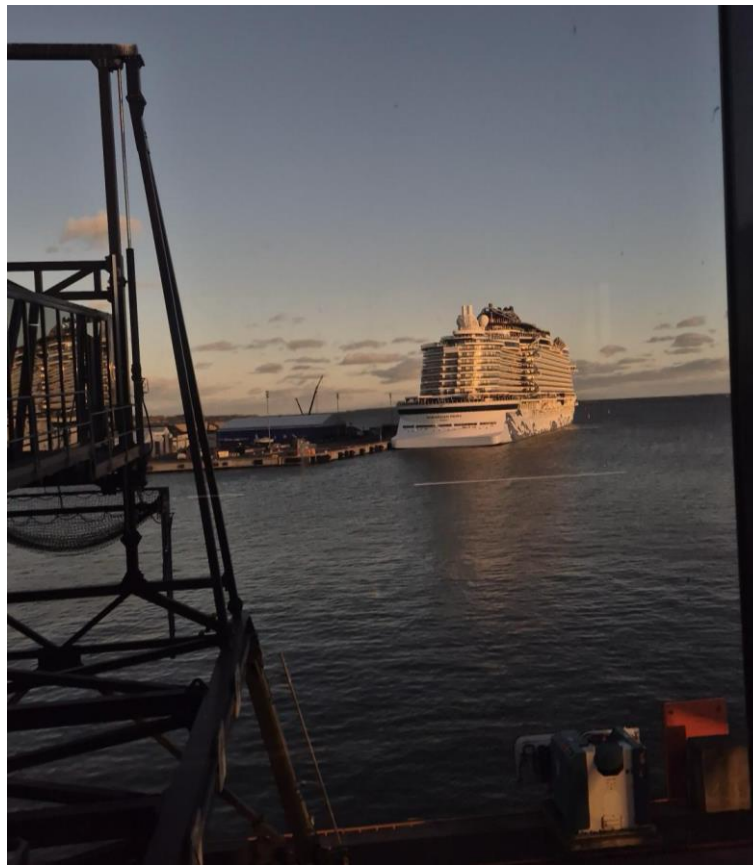


Free Time

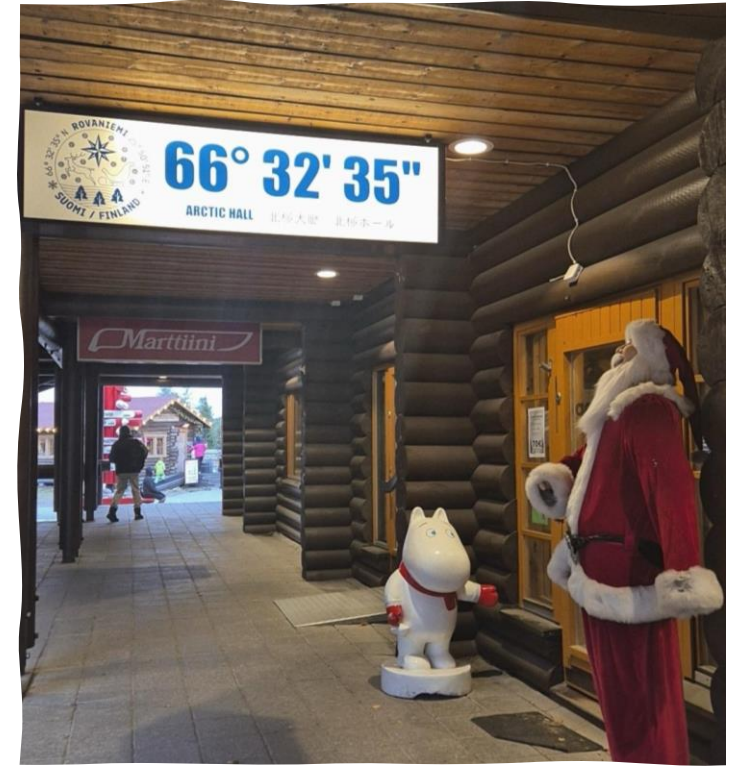




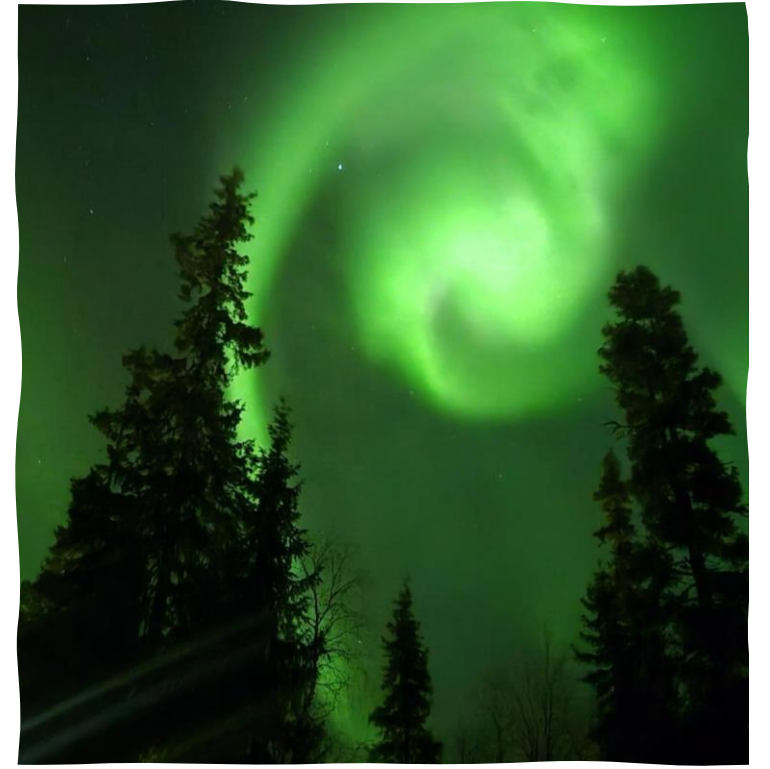
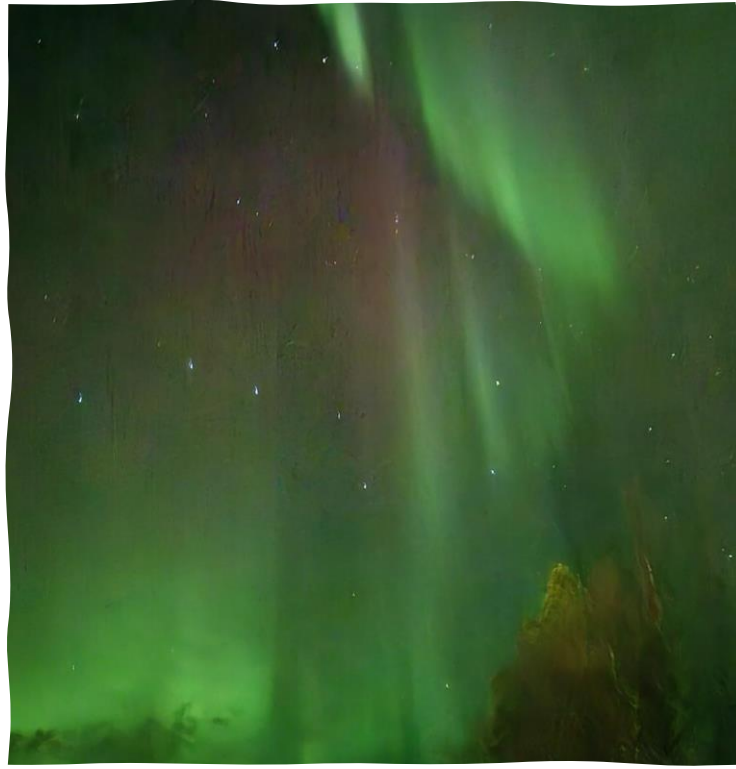
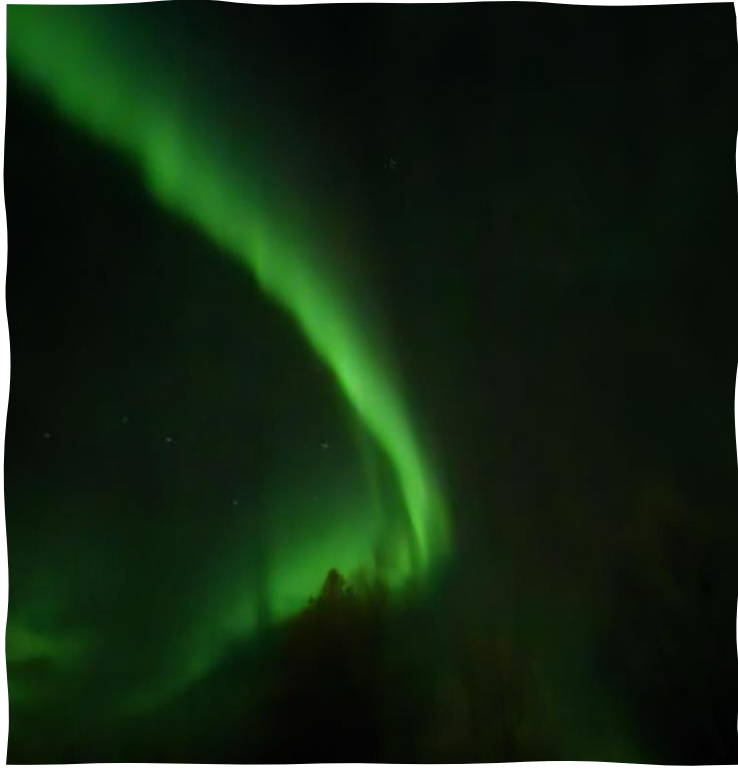
ARKTIKUM



TRIP TO ESTONIA



SANTA CLAUS's VILLAGE

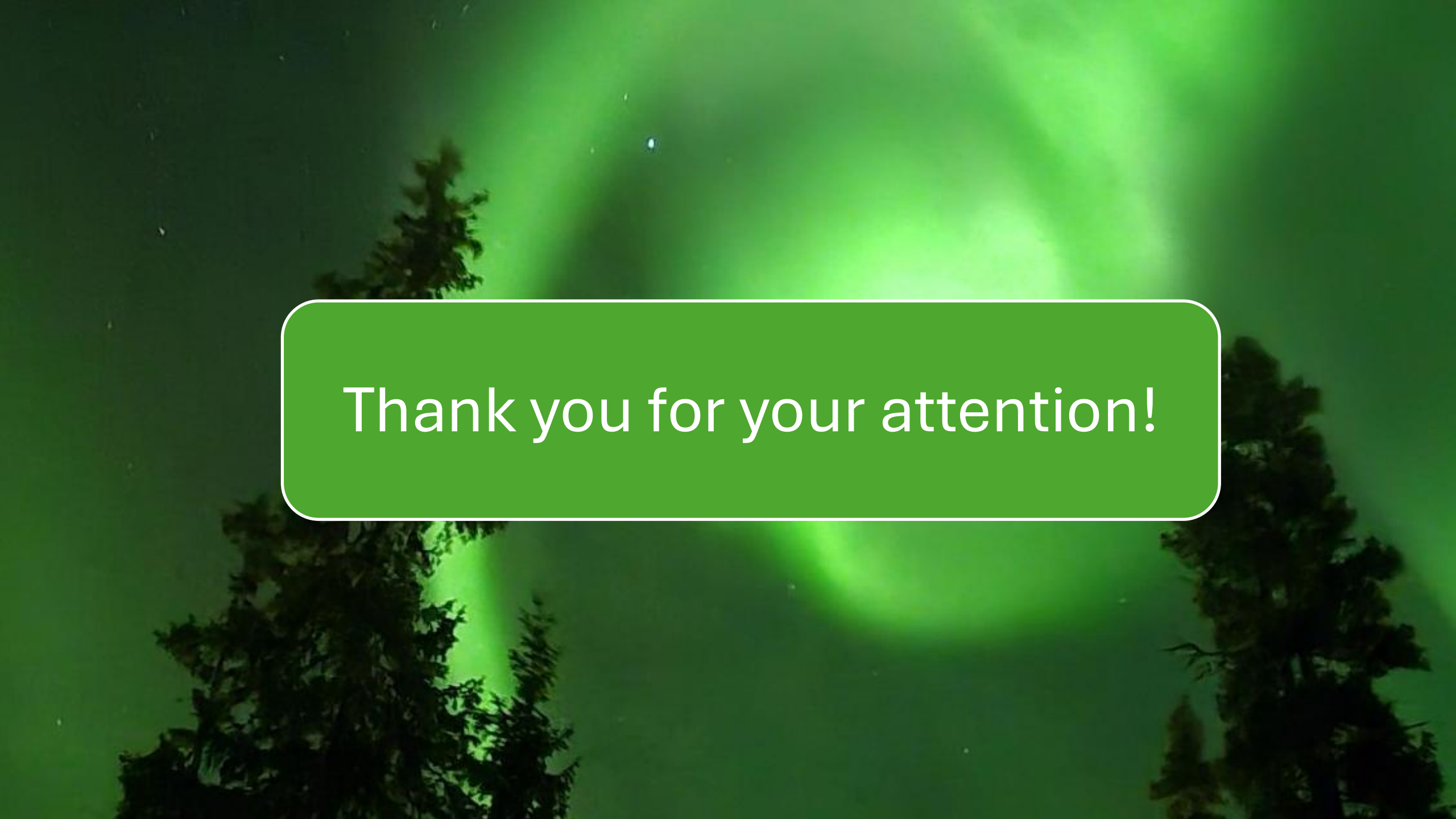


AURORA HUNT





IN NATURE WITH FRIENDS

The background of the slide features a vibrant display of the Aurora Borealis (Northern Lights) in shades of green and blue, set against a dark night sky. Silhouettes of evergreen trees are visible in the lower corners, framing the central text box.

Thank you for your attention!